



Annual Report 2022

1. Indoor Training, Mondays 8-9pm, Broomfields Leisure Centre

We have continued to train once a week indoors at Broomfields leisure centre throughout the year. Andy Wright has been providing a written training set for each lane every week and motivates us all and keeps us informed during his regular posts on our facebook page. Weekly attendance has improved compared to last year, but is still lower than pre-pandemic levels.

2. Budworth Mere Open Water swimming, Tuesday evenings, June to September 2022

After a long break, last year we saw the return of our open water sessions at Budworth Mere, every Tuesday evenings from June to September.

Andy Wright, Alison Willis, Dave Bowker and Kalliopi set up the sessions every week and helped with kayaking and providing land-based support. Special thanks to Andy, for prechecking the water quality every week the day before the swim and for keeping us all informed with his posts on our facebook page.

The session proved quite popular with members and none members. The temperature stayed reasonably warm most of the season and the water was free of algae. We witnessed lovely sunsets and had the opportunity to watch beautiful starlings murmurations.

3. 1500m Indoor Swimming Championships 29th January 2023

After a two-year absence due to the covid-19 pandemic, the 1500m champs were back. The 10th 1500m Indoor Championships were completed successfully on 29th January 2023 at Orford Jubilee Neighbourhood Hub.

We had swimmers from Manchester Triathlon, Warrington Masters, Barrow, Howe Bridge Marlins, Warrington Dolphins and independent. Sarah Roberts and Damien Currie from Manchester Triathlon Club won this year's Senior Women and Senior Men Trophies. Alex Reason from Howe Bridge Marlins, who was a guest junior, also did a great swim. Michaela Richard came 2nd in the Senior Women event, and also achieved best overall time amongst the Warrington Dolphins swimmers.

Kalliopi was the event organiser but could not have done this without the huge support from everyone in the club. Andy Wright and Dave Bowker helped with the BLDSA insurance and Risk Assessment, Jim Nurse refereed the event, and many Dolphins and their family members helped with timekeeping on the day. It was nice to meet up with friends from across the northwest not seen for sometime. We received a lot of positive feedback from the competitors, and we plan to run this again next year.

WARRINGTON DOLPHINS LDSC - 1500m Swimming Championship - 29 Jan 2023					
Results Table					
1500 Male					
Name	Surname	Club	Estimated Time	Actual Time	Position
Damien	Currie	Manchester Tri	00:19:30	00:19:20	1
Mark	Jones	Warrington Masters	00:20:00	00:20:01	2
Bradley	Murphy		00:21:59	00:20:44	3
Matt	Barnes		00:20:40	00:21:15	4
Tom	McCullough	Barrow	00:26:00	00:24:22	5
Martyn	Garbutt	Warrington Dolphins	00:28:00	00:26:02	6
Keith	Bosson	Warrington Dolphins	00:28:00	00:26:07	7
Andy	Wright	Warrington Dolphins	00:29:00	00:26:57	8
Robert	Seton	Barrow	00:27:00	00:27:21	9
Michael	Smith	Barrow	00:30:00	00:29:10	10
Martin	Garner	Howe Bridge Marlins	00:33:00	00:32:13	11
Christopher	Carter	Warrington Dolphins	00:34:00	00:32:44	12
David	Reason	Howe Bridge Marlins	00:33:30	00:32:50	13
1500 Female					
Name	Surname	Club	Estimated Time	Actual Time	Position
Sarah	Roberts	Manchester Tri	00:19:00	00:19:11	1
Michaela	Richard	Warrington Dolphins	00:28:01	00:24:38	2
Cathy	Atkinson	Manchester Tri	00:24:30	00:24:46	3
Sally	Chapman	Barrow	00:26:30	00:25:32	4
Julie	Trevor	Warrington Dolphins	00:30:00	00:26:58	5
Rebecca	Thomas	Barrow	00:28:30	00:28:10	6
Mandy	Reid	Warrington Dolphins	00:45:00	00:39:38	7
1500 Junior Boy					
Name	Surname	Club	Estimated Time	Actual Time	Position
Alex	Reason	Howe Bridge Marlins	00:22:30	00:23:02	1
Other Results					
Name	Surname	Club	Estimated Time	Actual Time	Position
George	Martindale		00:25:00	DNS	
Dwane	Wilson	Barrow	00:26:00	DNS	
Peter	Todd	Howe Bridge Marlins	00:33:00	DNS	

4. One Hour Swim Challenge (organised by BLDSA) January to end March 2023

The club dedicated lanes during the training sessions at Broomfields on 27th February and 13th March 2023, for the One Hour Challenge. A total of 8 swimmers participated in the event. Many thanks to everyone who entered and to all the lane counters. Full results to be published at the BLDSA Website. What a great feeling of achievement to have completed this challenge.

5. Annual Christmas Dinner, 10th December 2022

Julie Trevor organised once again our annual Christmas dinner at the London Bridge pub on the 10th December 2022. Despite witnessing England being knocked out of the World Cup by France 2-1 in the quarter finals, the company of good friends and the After Eight Chocolate Challenge amongst others, kept us all well entertained, during a very enjoyable evening.

Last but not least, I want to thank Stuart Ainsworth for all his hard work in administering the club membership and Larry Richard for looking after the website and always being available to help when asked.

We are all looking forward for more opportunities to enjoy swimming and do more as a club in the coming months.

Kalliopi Raissi-Sinclair
Club Secretary